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[Forums](#) > [Photography Talk](#) > **Lighting Setup Tutorials: basic to advanced**

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PHOTOGRAPHER

[Photography by Amber](#)

Female

Location: British

Columbia

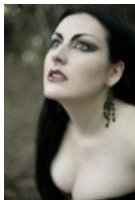
Posts: 151

Mac Swift wrote:

The redhead on my old one? Simple. A 36"x48" softbox to camera right literally just out of frame level with the model and a 16"x48" strip box placed below her at about her mid thigh level and pointing straight up. Kind of a neat effect, eh? My new avatar was done the same way but I used a white reflector camera left and just out of frame.

thanks, definitely something I will try. I don't have stip lighting though. Is there anything I could use instead would give similar effect? I have a large softbox (4.5x6 ish I think), a 3' octobox a snoot, reflectors...

Jan 28 07 11:49 p



PHOTOGRAPHER

[Rob Gillespie](#)

Male

Location: London

Posts: 275

One softbox, one nude model.



Jan 29 07 01:52 a

**PHOTOGRAPHER****Mac Swift**

Male

Location: Alberta

Posts: 299

Photography by Amber wrote:

thanks, definitely something I will try. I don't have stip lighting though. Is there anything I could use instead that would give similar effect? I have a large softbox (4.5x6 ish I think), a 3' octobox a snoot, reflectors...

I don't see why you couldn't use the softbox as the main and the octobox below the model. You might have to feather it away from the model a bit but it should do the trick. The main thing is to watch the level of the light as you don't want to cast upward shadows on the model's face. Just play with it for a bit until you get the level right. I am still playing with the setup and tweaking it as I really like the effect it has. I'll see if I have a full : the setup to show you the position of everything.

Jan 29 07 12:45 p

**PHOTOGRAPHER****Photography by Amber**

Female

Location: British

Columbia

Posts: 151

Thanks so much!

I really appreciate the feedback and everyone's tips on this thread. thanks a bunch!!!

Jan 29 07 05:07 p

**PHOTOGRAPHER****Mac Swift**

Male

Location: Alberta

Posts: 299

Ok...here is the set up. Excuse the quality as I cranked up the fill lighting in ACR to show the softboxes. I do I had the reflector set up in this shot. This gives you an idea at least :-)



Jan 29 07 09:36 p



PHOTOGRAPHER

[NoFriends310](#)

Male

Location: California

Posts: 77

fawk this is best thread every, exactly what ive been looking for! Definety reassuring that I can get some soli with minimum lights but also that I need to save up all my nickles and dimes! Thanks guys!

Jan 29 07 10:59 p



PHOTOGRAPHER

[BlindMike](#)

Male

Location: California

Posts: 3,638

Window light. No supplemental, no reflectors.



Jan 29 07 11:02 p



PHOTOGRAPHER

Mark M Gong
Photography

Male

Location: District of
Columbia

Posts: 69



Two lights. One with a 30 degree grid to the right of the model (left in the photo) about 3 feet away aimed down 8 feet up. Second hair/rim light from behind the model in the opposite direction with a 20 degree grid. The center of the door was ambient light from 3 60 watt light bulbs. I metered to the door and then adjusted the other light accordingly. The final shot was aimed at a mirror and shot through the reflection with the arch of the mirror framing her. In reality, the model is about 3 feet to the right of me.

Jan 29 07 11:23 p



PHOTOGRAPHER

Photography by
Amber

Female

Location: British
Columbia

Posts: 151

Mark M Gong Photograph wrote:

The final shot was aimed at a mirror and shot through the reflection with the arch of the mirror framing her. In reality, the model is about 3 feet to the right of me.

Wonderful image. Thanks so much for sharing!

Jan 30 07 02:54 a



bump it up!

PHOTOGRAPHER

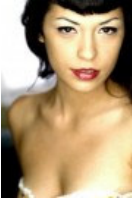
[Meehan](#)

Male

Location: New
Hampshire

Posts: 2,116

Jan 30 07 09:30 a



PHOTOGRAPHER

[M435TRO](#)

Male

Location: California
Posts: 42**Meehan wrote:**
bump it up!

Yup..! ;-)

Jan 30 07 07:42 p



PHOTOGRAPHER

[Isaiah Hicks](#)

Male

Location: California
Posts: 20

Bumpity bump bump!!!!

Jan 31 07 02:20 p



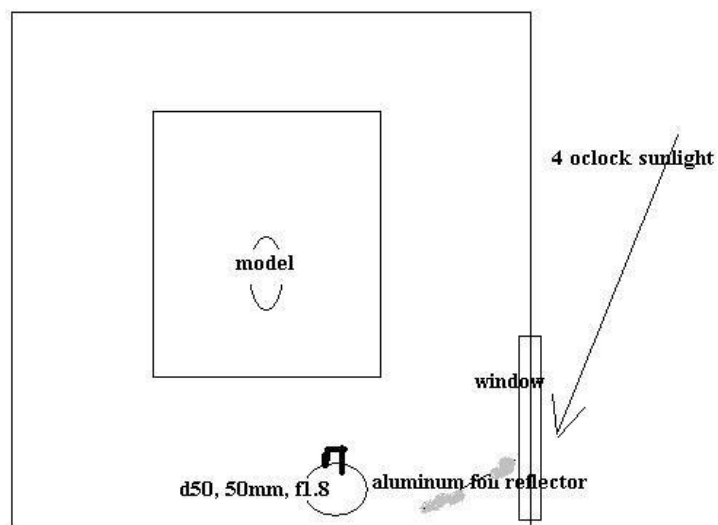
PHOTOGRAPHER

[Georges S](#)

Male

Location: Texas
Posts: 255

i made this on microsoft paint...sorry



makes my new avatar.

Jan 31 07 02:42 p



PHOTOGRAPHER

[Beach](#)

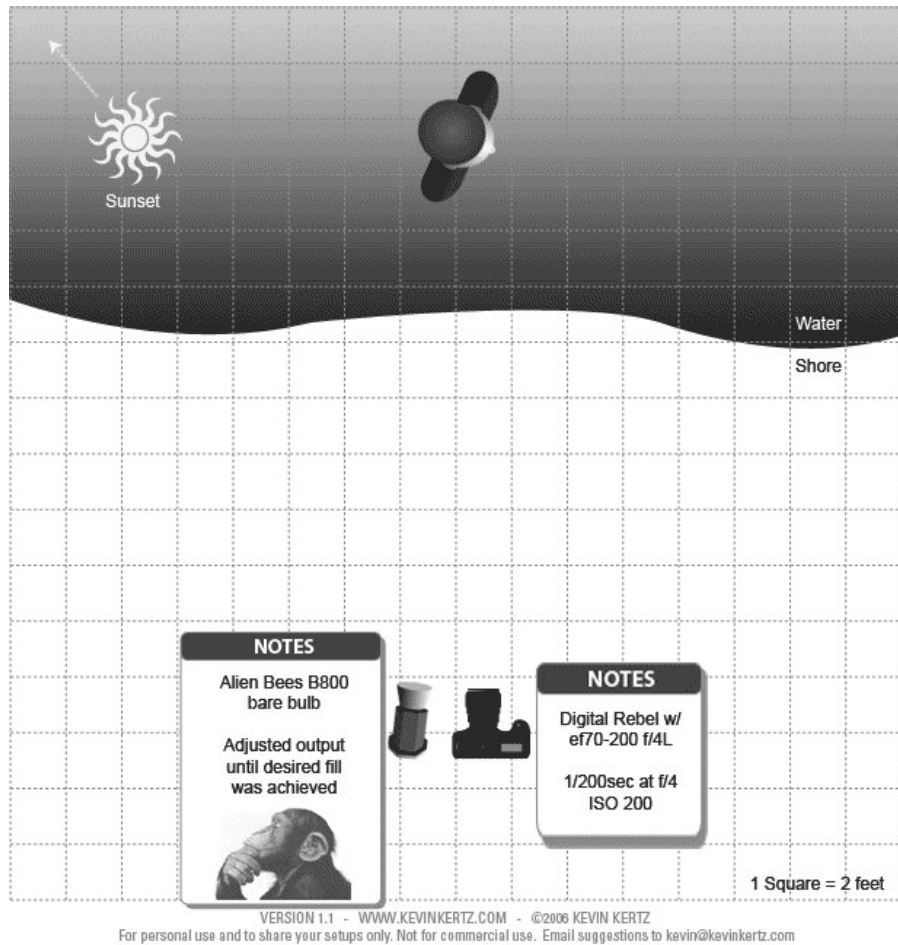
Male

Location: South
Carolina

Posts: 1,001

Nikki MM#281091





anyone need the chimp? just send me your email 😊

Jan 31 07 03:45 p



PHOTOGRAPHER

[Georges S](#)

Male

Location: Texas

Posts: 255

what a great beach shot Beach..of course the model ain't so bad herself

Jan 31 07 03:50 p



PHOTOGRAPHER

[David Allen Smith](#)

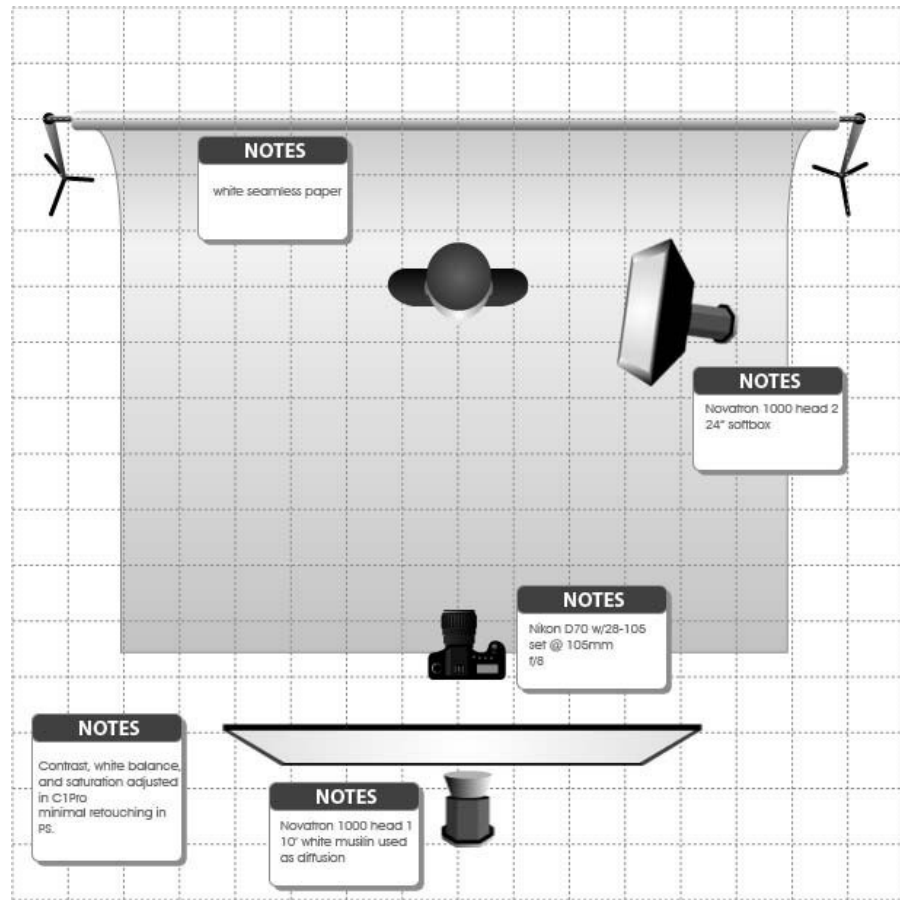
Male

Location: Georgia

Posts: 1,602

This is by far the most useful thing on this entire website. There are some really fabulous images posted and the light setup is great.

Since a bump is needed I doodled this for everyone. Nothing fancy.



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gets this



p.s. Brandon Ching...

he's one bad mutha...

Shut Yo Mouth!

I'm just talkin' 'bout Brandon Ching!

Feb 01 07 10:04 a



PHOTOGRAPHER

[Full Frame
Photography](#)

Female

Location: Utah

Posts: 53

and more??

Feb 01 07 01:35 p



PHOTOGRAPHER

[Danny De La Cruz](#)

Beach wrote:

Nikki MM#281091

Awesome shot and awesome model!

-D.

Male
Location: California
Posts: 106

Feb 01 07 05:08 p



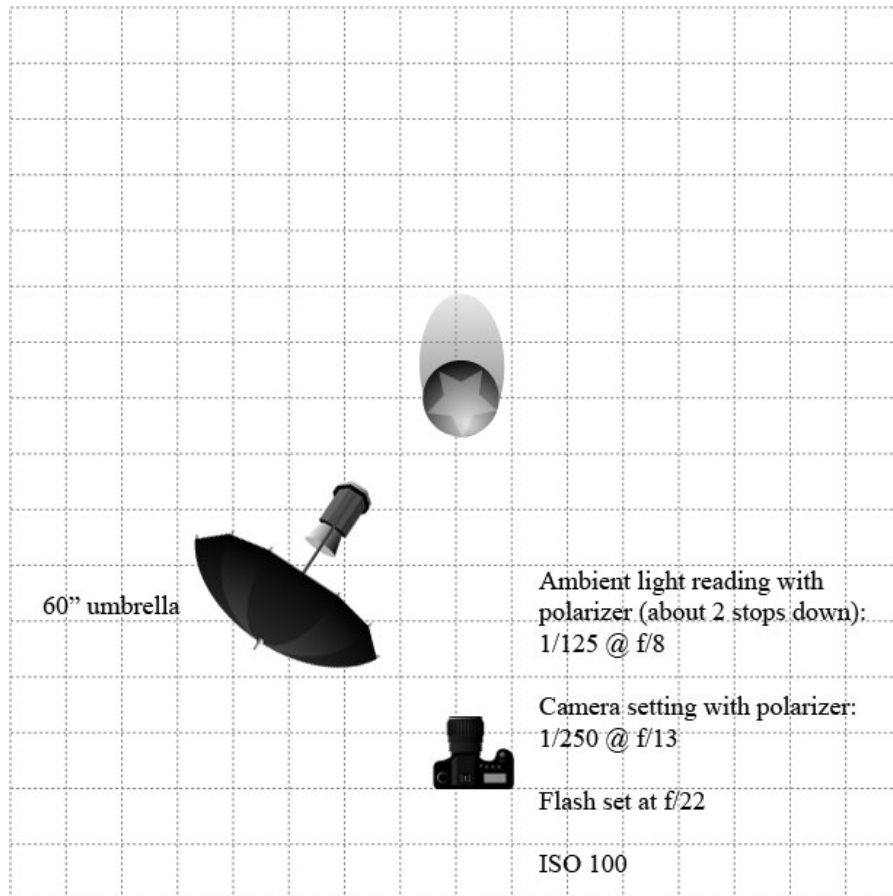
PHOTOGRAPHER

Danny De La Cruz

Male
Location: California
Posts: 106

Ok, this one is inspired by that other thread.
Questions, comments: welcomed.
-D.





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Yes, it's an Antoine Verglas rip off. So what? HAHAAHA.

Feb 01 07 06:59 p



PHOTOGRAPHER

[ASCimages](#)

Male

Location: California

Posts: 110

how the heck do you rotate the items on here? all i can do is move them around. but i can rotate them. how c
do that?

i bet it's hecka simple. i'm going to kick my butt if it is. anyone want to help?

Feb 01 07 07:04 p



PHOTOGRAPHER

[Beach](#)

Male

Location: South

Carolina

ASCimages wrote:

how the heck do you rotate the items on here? all i can do is move them around. but i can rotate them. how do
you do that?

i bet it's hecka simple. i'm going to kick my butt if it is. anyone want to help?

on PC.. Ctrl+T

Posts: 1,001

Feb 01 07 07:38 p



PHOTOGRAPHER

[Lucaspictures](#)

Male

Location: New York

Posts: 9

Feb 02 07 12:17 a



PHOTOGRAPHER

[Lucaspictures](#)

Male

Location: New York

Posts: 9

David Poata wrote:
PORTRAIT/HEAD SHOT





Good job everyone. This thread was a great idea. I hate to jump in so late but what were the settings for this camera/lighting?

Thanks david.

Feb 02 07 12:51 a



PHOTOGRAPHER

[dysclover](#)

Male

Location: New South
Wales

Posts: 158

Lucaspictures wrote:

Good job everyone. This thread was a great idea. I hate to jump in so late but what were the settings for this shot? camera/lighting?

Thanks david.

wacks head just go with f8-f11, side light one stop over (the rest of this coment has been censored)

Feb 02 07 07:06 a



PHOTOGRAPHER

[Elite Group](#)

Male

Location: Western

Lucaspictures wrote:

Good job everyone. This thread was a great idea. I hate to jump in so late but what were the settings for this shot? camera/lighting?

Thanks david.

1Ds MK II, ISO 100, 1/160 @ around f8. Beauty dish set at f8, rim L bout 1/3-2/3 of a stop brigter than key L reflector underneath bouncing fill onto her profile 😊

Australia
Posts: 183

Feb 02 07 08:45 a



PHOTOGRAPHER

[Lucaspictures](#)

Male
Location: New York
Posts: 9

David Poata wrote:

1Ds MK II, ISO 100, 1/160 @ around f8. Beauty dish set at f8, rim L bout 1/3-2/3 of a stop brigrter than key L, Silver reflector underneath bouncing fill onto her profile 😊

Thanks alot David.

I just got my 1Ds MK II recently. I usually shoot with the canon 24-70 or 28-300mm lens. still trying to figure best menu settings. Converting the raw with the Provided DPP software. Still cannot get any images to come clear ur posted pic. but its still an awesome camera

Feb 02 07 09:50 a



PHOTOGRAPHER

[ArtChick Photos](#)

Female
Location: New Jersey
Posts: 62

Great Thread. 😊

Feb 02 07 02:12 p



PHOTOGRAPHER

[ArtChick Photos](#)

Female
Location: New Jersey
Posts: 62

Mark M Gong Photograph wrote:



Two lights. One with a 30 degree grid to the right of the model (left in the photo) about 3 feet away aimed down from 8 feet up. Second hair/rim light from behind the model in the opposite direction with a 20 degree grid. The color on the door was ambient light from 3 60 watt light bulbs. I metered to the door and then adjusted the other lights accordingly. The final shot was aimed at a mirror and shot through the reflection with the arch of the mirror framing her. In reality, the model is about 3 feet to the right of me.

You lost me. lol Do you have a diagram?

Feb 02 07 02:17 p



PHOTOGRAPHER

Mark M Gong
Photography

Male

Location: District of
Columbia

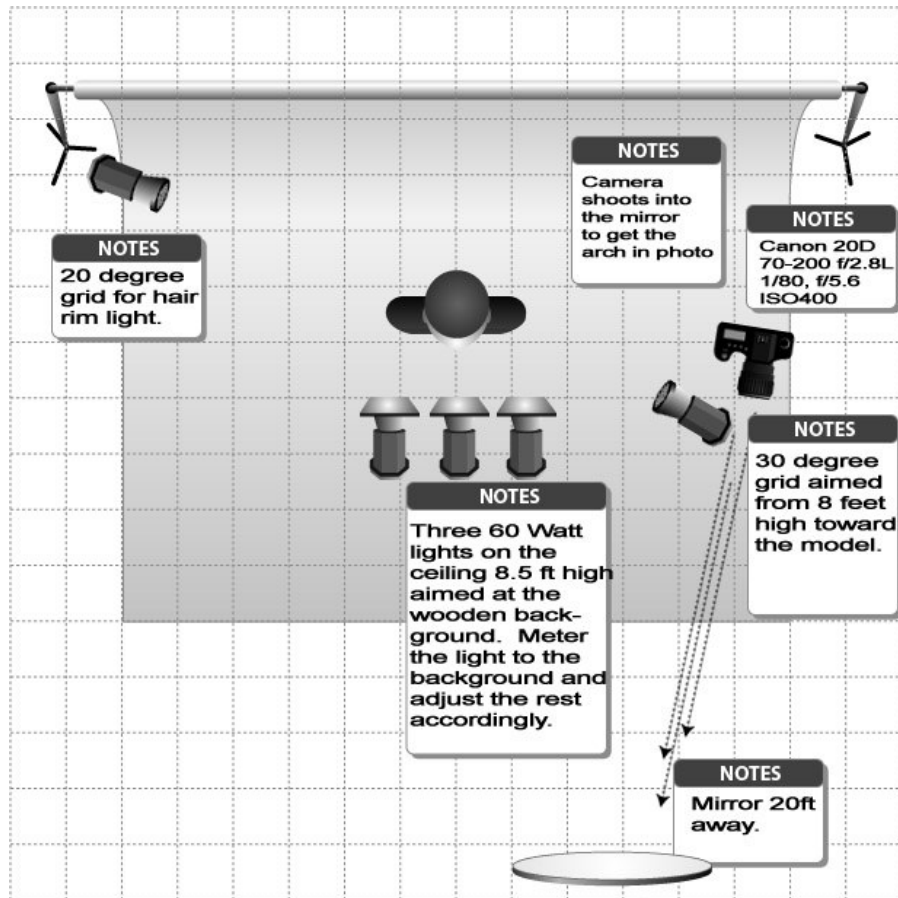
Posts: 69

ArtChick Photos wrote:

You lost me. lol Do you have a diagram?

Ask and you shall receive





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Feb 02 07 02:52 p



PHOTOGRAPHER

[Photography by Amber](#)

Female

Location: British Columbia

Posts: 151

Nice work guys and thanks for the continued additions!

Feb 02 07 04:17 p



PHOTOGRAPHER

[Ronald Tan](#)

Male

Location: California

Posts: 100

:: Bumps ::

These are great references. Thanks to the photographers who have contributed greatly to the lighting setup tl

I've got to get me some lights and apply the principles learnt.

Feb 02 07 07:31 p



bump

PHOTOGRAPHER

[robert christopher](#)

Male

Location: Washington

Posts: 869

Feb 05 07 02:03 a



PHOTOGRAPHER

[Jairo Cruz](#)

Male

Location:

Massachusetts

Posts: 205

ASCImages wrote:

how the heck do you rotate the items on here? all i can do is move them around. but i can rotate them. how do you do that?

i bet it's hecka simple. i'm going to kick my butt if it is. anyone want to help?

In PS go to FREE TRANSFORM.

Now kick your butt

J

Feb 05 07 09:49 a



PHOTOGRAPHER

[Processed Pixels](#)

Male

Location: Wisconsin

Posts: 79

Back to the top we go with this one. 😊

Feb 06 07 01:59 p



bump

PHOTOGRAPHER

[Anthony Cole](#)

Male

Location:

Florida.....Atlanta,Ga.New

Jersey-North Carolina

Posts: 139

Feb 07 07 03:05 a



PHOTOGRAPHER

[LightLab Studios](#)

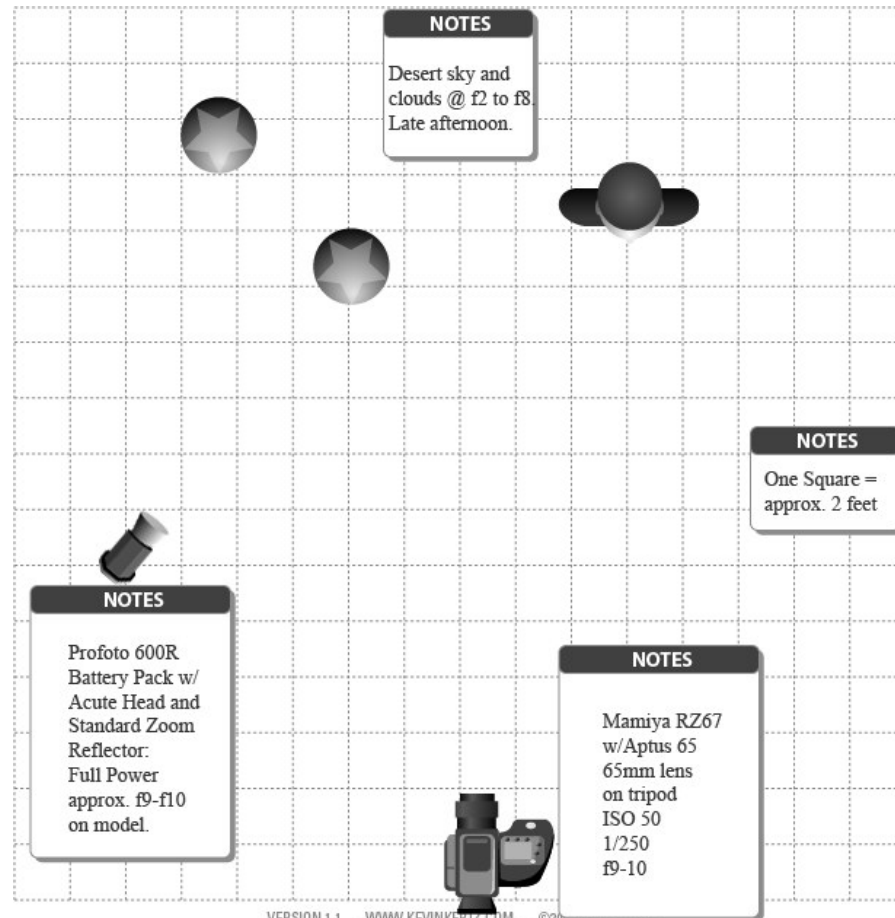
Male

Location:

Montana

Posts: 396

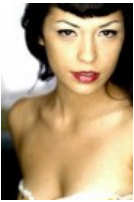
This is a very simple outdoor setup from a recent shoot in the Arizona desert.



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Feb 07 07 04:05 a



PHOTOGRAPHER

[M435TRO](#)

Male

Location: California

Posts: 42

Bump-bumpity-bump!

Feb 08 07 09:43 a



PHOTOGRAPHER

[John-Riley](#)

Male

Location: Utah

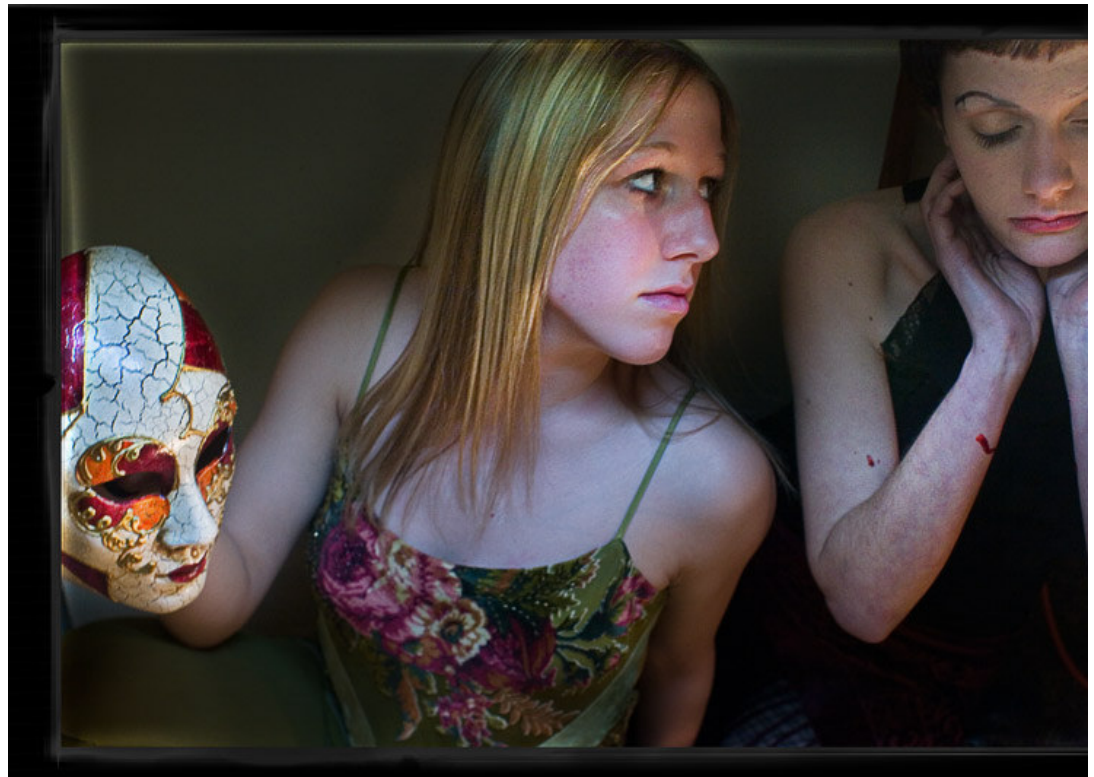
Posts: 15

I've been playing with continuous lighting for the past few months. Here's are two lighting set ups.





And the results:





If you want to see more on the process, check this out:

[http://uvscphoto.blogspot.com/2007/02/u ... small.html](http://uvscphoto.blogspot.com/2007/02/u...small.html)

Feb 08 07 01:48 p



PHOTOGRAPHER

[John-Riley](#)

Male

Location: Utah

Posts: 15

Feb 08 07 01:49 p



PHOTOGRAPHER

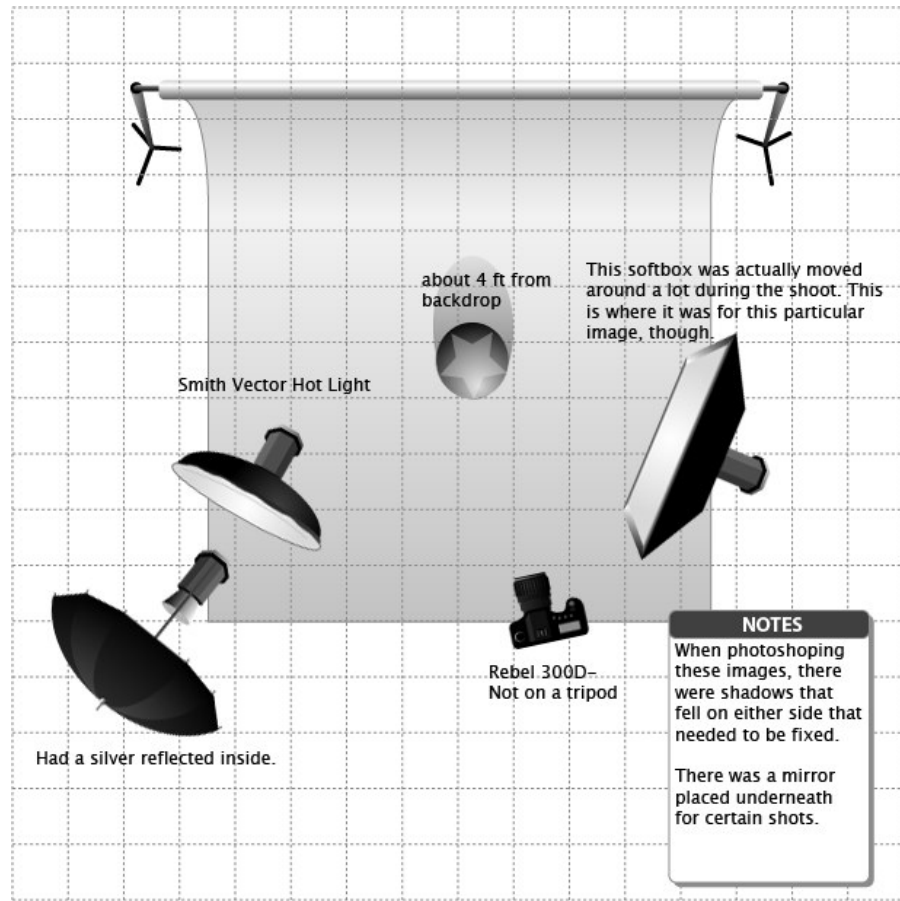
Terra Dawn
Photography

Female

Location: Virginia

Posts: 380

Here is the one from this past weekend.



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Feb 08 07 01:51 p

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